

Sew & Sew Retreats

and creative textile workshops

Taught by Linda Sweek

Linda
Sweek
Designs



Fiber Art Class: **Coiled Fabric Bowl** Half Day



Linda Sweek Designs – Fiber & Mixed Media Artist www.lindasweekdesigns.com
Sew and Sew Retreats – Host & Instructor www.sewandsewretreats.com
lsweek@lindasweekdesigns.com

Introduction

Making coiled fabric bowls is a textile project I love. Additionally, people are really enthusiastic about the bowls – something different, artsy, and fun.

The intent of this class is to give an introduction and teach participants how to create their own coiled fabric bowl.

Summary of Class

This hands-on class will teach participants how to make coiled fabric bowls. In a few hours, attendees will make a wonderful bowl from wide strips of fabric and cording. Our bowls will use two coordinating fabrics that will be secured around cording and then hand-stitched.

The class will make a small bowl similar to the photo on the cover page that is approximately 5" by 5" and 2" deep.

Class Outline

- Introduction
- Cut fabric strips
- Wrap cording with cut fabric strips
- Beginning and ending technique
- Learn variation of blanket stitch and create bowl
- Embellish
- Final questions and discussion

Class Goals

- 1) To familiarize class participants to hand stitched fabric bowls
- 2) To work with strips of fabric by coiling the cording
- 3) To learn a variation of the blanket stitch for stitching
- 4) To create a small finished coiled fabric bowl

Class Size & Space

- 1) A minimum class size of 4 and maximum of 20 participants (please email me if you may have more than the maximum)
- 2) No previous experience is needed. Some embroidery background might be helpful.
- 3) An area with a flat working surface of at least 24"x24" for each class participant

Time

4 Hours (Half-Day Workshop) – Allows time for introduction, cutting fabric, coiling, cording, and hand-stitching into finished bowl. Also, any clean-up, plus final questions and discussion.

Kit Content and Cost for Kits

- Cording
- Instructions

\$5 per participant

Teaching Cost

\$40 per student

Total cost per attendee is \$45.00

Materials Attendees Need to Supply

- Cutting board
- Rotary cutter
- Small scissors
- Needle threader: a 3-in-1 or 2-in-1 with medium threader option
- 2 - Fat Quarters in **100% cotton** that coordinate or compliment, wool is also okay. (NO stretchy or silky fabrics)
- Tapestry needle – size 18 (blunt end)
- 2 - DMC Pearl Cotton Thread Size 5 in coordinating colors
- Fabric Glue Stick
- A button or charm to compliment Fat Quarters – size 1½" to 2" (optional)



Photo courtesy of DMC



COILED FABRIC BOWL

